

Empowering Families Program

Providing Intensive In-Home, Therapeutic Day Treatment and Mental Health Support

Charlottesville Wellness Center
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Charlottesville, Virginia 22903
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Culpeper Wellness Building
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Culpeper, Virginia 22701
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Therapeutic Day Treatment (TDT) Referral Process

1. School , TDT worker, or Kim Price from Empowering Families Program can contact parent to discuss program and determine interest in TDT services, and explain the referral process. **The child must have Medicaid in order to qualify.**
2. A VICAP (Virginia Independent Clinical Assessment Program) will need to be scheduled with Region Ten -- call Carol Groome at 434-970-1481 and ask to schedule a VICAP for TDT services at _____ School. Parents must be the one to call to set this up.
3. Parents can go to Region Ten, Old Lynchburg Road site, or ask to have Region Ten come to school to complete the VICAP. For Region Ten appointment, parent will need child's Medicaid card and any behavioral records they have, and any other pertinent information such as psychological evaluations, IEP, etc
4. Parent and child attend meet with Region Ten for VICAP and ask to have child work with Empowering Families Program for TDT services. **Kim can also set up Empowering Families assessment on same day as VICAP at the school. School can alert Kim of the date and time to coordinate meeting with the parent, or Kim can call parent to set up EFP assessment on her own.**
5. Kim will complete assessment and send it to Medicaid for approval (they have 5 days to determine whether or not child meets criteria for TDT), approvals last for 6 month time periods.

***contact for Kim Price, LCSW, Clinical Supervisor (434) 971-8454, ext 3