CPR Quick Reference Chart for School Nurses

	ADULT	Child (1 year to	Infant
		Puberty	
1- Rescuer	30:2	30:2	30:2
Compression:			
Ventilation Ratio			
2- Rescuer	30:2	15:2	15:2
Compression:			
Ventilation Ratio			
Compression Rate	100	100	100
Compression	1 ½ - 2 inches	$1/3$ to $\frac{1}{2}$ the depth of	1/3 to 1/12 depth of
Depth		the chest	the chest
Hand Placement	2 Hands	1 or 2 Hands	1- Rescuer
			2 Finger Technique
			2- Rescuer
			2 Thumbs- Encircling
			Hands Technique
			-
	Center of breastbone	Center of breastbone	Just below the nipple
	between the nipples	between nipples	line
Pulse Check	Carotid	Carotid	Brachial