## ALBEMARLE COUNTY PUBLIC SCHOOLS Blood Glucose Monitoring

#### **Employee Name:**

School:

#### **Position:**

### PERFORMANCE CRITERIA

# **EVALUATOR'S INITIALS**

- 1. Washes and dries hands appropriately.
- 2. Selects appropriate site on the fingertip (top or sides).
- 3. Demonstrates method used to increase blood flow to fingertip: hang arm below heart level, gently squeeze fingertip in a milking fashion.
- 4. Punctures fingertip accurately: obtains optimal amount of blood to perform accurate blood glucose measurement.
- 5. Follows directions for blood glucose monitor: calibration, placing blood drop on test strips, & obtaining an accurate reading.
- 6. States where blood glucose results will be recorded.

Evaluator's signature:

Employee signature:

| Date: |  |  |  |
|-------|--|--|--|
|       |  |  |  |

Date:\_\_\_\_\_

Albemarle County Public Schools, 2002.