Personal Goals Lesson Plan Grade 10
Beginning School Year Lesson

Purpose: This lesson serves to assist students with individual goal setting and career and college planning.

Objectives: Students will be able to:
- Identify goals, interests, and skills to assist with future career/college planning
- List career goals and the work habits necessary to be successful in desired careers
- Analyze the connection between academics and the world of work
- Create a rudimentary plan of action for career exploration and class selection

SOLs:
HA3 - Students will demonstrate the knowledge and skills necessary to ensure a successful transition from high school to post-secondary options
HC2 - Students will understand how changing economic and societal needs influence employment trends and future training
HC4 - Students will understand how the changing workplace requires lifelong learning, flexibility, and the acquisition of new employment skills

School Counseling Standards:
HC 3 Understand how work and leisure interests can help to achieve personal success and satisfaction.
HC 4 Understand how the changing workplace requires lifelong learning, flexibility, and the acquisition of new employment skills.
HC11 Apply decision-making skills to career planning.

Life-Long Learner Standard:
Gather, organize, and analyze data; evaluate processes and products; and draw conclusions

Materials:
Tenth Grade Personal Goals Worksheet

Procedure:
1. Students will meet with counselors in small groups or individually.
2. Students will complete their Personal Goals Worksheet - Tenth Grade individually.
3. Students will then brainstorm with their counselors or in small groups ways to achieve their career goals with emphasis on the development of certain work habits, skills and attitudes.
4. Counselors will aid students in course planning for future school years related to the students' goals.
5. Discussion will be generated as students ask questions related to the worksheet.
6. Counselors will collect the Personal Goals Worksheet and file them with their student records to be used for assistance in scheduling classes for the following year and to review at the end of the school year to help monitor students' progress.

Each high school may develop a unique procedure when conducting the survey and collecting results. For example, AHS school counselors administer the Personal Goals Worksheets by meeting in small class level assemblies at the beginning of the school year.
**Differentiation:** Once students complete their worksheets, they will refer to the worksheets when they meet individually with their school counselors before making any schedule changes or schedule planning decisions in order to assure the accomplishment of the students' goals.

**Evaluation/Extension:** Students will reevaluate their Personal Goals Worksheet each year as they prepare for registration. This will allow them to assess their initial career ideas and goals and create a rudimentary career/education plan as they mature in their high school career.