Interest Inventory Lesson Plan Grade 10
Career Research Lesson

Purpose: This Interest Inventory lesson introduces students to the concepts of personal interests and the roles they play in career and class selection and the sixteen career clusters and guides students through a personal interest inventory. This activity provides students and school counselors with the basic data necessary for an effective education/career plan.

Objectives: Students will be able to:
- Learn the role of personal interests in career choices
- Learn about Career Clusters and how to use them to effectively explore career options
- Complete the Kuder Career Interest Inventory with Person Match
- Utilize their individual Kuder account as a resource for career exploration
- Learn how electives selection should correspond to a student's career cluster.

SOLs:
HA3 - Students will demonstrate the knowledge and skills necessary to ensure a successful transition from high school to post-secondary options
HC2 - Students will understand how changing economic and societal needs influence employment trends and future training
HC4 - Students will understand how the changing workplace requires lifelong learning, flexibility, and the acquisition of new employment skills

School Counseling Standards:
HA1 Understand their academic status toward meeting the graduation requirements
HC3 Understand how work and leisure interests can help to achieve personal success and satisfaction.
HC4 Understand how the changing workplace requires lifelong learning, flexibility, and the acquisition of new employment skills.
HC8 Demonstrate skills involved in locating, using, and interpreting a variety of career and educational resources, including the Internet
HC10 Demonstrate knowledge of the current job market trends
HC11 Apply decision-making skills to career planning.

Life-Long Learner Standard:
Gather, organize, and analyze data; evaluate processes and products; and draw conclusions

Materials:
Computer per student with internet access
Kuder instructions handout for Career Interest Inventory with Person Match (each high school will develop its own unique handouts to accommodate the different instructional settings)
LCD Projector
Personal Goals Worksheet- previously completed (counselors have this)

Procedure:
1. Students will complete a "Do Now" type of activity designed by the Career Awareness Specialist based upon the instructional setting of each school. The activity will review with students the
   A) Personal Goals Worksheet they completed at the beginning of the school year.
   B) Career Pathways Survey they took earlier in the year (which helped them identify personal interests and how that relates to career clusters and class selections to help make a connection with today's activity),
2. Introduction of Career Exploration Lesson and Career Clusters (15 minutes): Career Specialist (using projector if available) will introduce lesson, review clusters and Kuder on-line career search interest test.
3. Students complete on-line Kuder registration form (5 minutes)
4. Students begin Kuder Career Interest Inventory with Person Match (35 minutes)
5. Students complete Kuder Career Research worksheet (20 minutes)
6. If time permits, students can complete Skills Survey or register with CollegeBoard/SAT-prep course.
7. Counselors will meet individually with students to review goals and conduct a credit/SOL check.

**Differentiation:** School counselors will be provided with copies of students' Kuder Career Interest Inventory results to use when registering or counseling students.

**Evaluation/Extension:** Students will reassess their Career/Education Plans and Kuder work each year as they prepare for registration. This will allow them to consider their initial career ideas and goals and make additions as they mature in their high school career. It will also provide them with an excellent resource from which to launch their career and education explorations.