PARENT INVOLVEMENT

Help your child to be successful in school and in life…

- Make school important
- Encourage your child to do their best
- Attend open houses, back to-school nights, parent-teacher conferences
- Attend school programs
- Read the school newsletter
- Get to know your child’s teachers and school counselor
- Contact your child’s school counselor with any questions or concerns about your child
- Support your child in school activities
- Encourage reading and writing
- Talk openly and frequently with your child
- Help your child explore careers and set career goals
- Praise and encourage your child
- Celebrate your child’s successes

Parents

Contact your child’s school counselor if you have questions or concerns about:

- Your child’s academic progress
- Your child’s social, behavioral, and/or emotional adjustment
- Identifying or sharing your child’s needs
- Coordinating communication with your child’s teachers
- School and community resources available for your child

Visit High School web pages and the School Counseling Web site at:

www.k12albemarle.org

For additional information contact Coordinator, Guidance & Career/Technical Education
Susan Sheffield
434-296-5820
ssheffield@k12albemarle.org

High School Counseling Programs
The mission of the School Counselor is to provide a comprehensive developmental school counseling program that assists all students in acquiring the skills, knowledge, and attitudes needed to become effective students, responsible citizens, productive workers, and lifelong learners.

High School Counselors work with students in acquiring competencies that form the foundation for their next steps educationally and occupationally. They assist students to develop realistic education and career plans based on a clear understanding of themselves, their needs, interests, skills, and the realities and possibilities of the worlds of education and work.

The High School Counseling Program is an integral part of the total educational process and the shared responsibility of the entire school community. The professional School Counselor collaborates with other school professionals in helping students learn. A successful program requires the support and participation of all school personnel, parents, and guardians, outside agencies, and the community at large.

Standards of Learning
The Virginia Board of Education, in January 2004, implemented state Standards of Learning for School Counseling Programs. These standards are consistent with Board of Education regulations and are comprised of three domains: academic, career, and personal/social.

Academic Development
Students will develop an understanding of their educational needs and expectations of the educational environment related to their abilities, interests, talents, values and career goals.

Career Development
Students will understand concepts of job and career, skills for success in the workplace (punctuality, initiative, teamwork, and getting along with others), decision making, goal setting, identifying interests, and exploring careers.

Personal/Social Development
Students will increase their knowledge of self, and learn appropriate modes of interaction and communication within school, home and community.

School Guidance Curriculum
School Counselors provide collaborative lessons within the classroom. Counselors deal with orientation to high school, graduation requirements, college and employment planning, career planning, workplace readiness skills, and personal/social issues in this setting.

Individual Student Planning
Counselors work one-on-one to help all students plan, monitor, and manage their own learning, as well as meet competencies in areas of academic, career, and personal/social development.

Responsive Services
Counselors provide support to meet the immediate needs and concerns of individual students. Students and parents are referred to appropriate community resources when needed.

System Support
School Counselors consult, collaborate, team, and partner to provide professional support for the entire school community.